

## **Sakya Choekhor Lhunpo The Melbourne Sakya Centre**

Sakya Choekhor Lhunpo was founded by His Holiness Sakya Trizin during his visit to Melbourne in June, 1997. In founding the organization, His Holiness said that it was important that all four Tibetan Buddhist traditions be available in Melbourne so as to benefit different people with different kinds of karmic connections.

It is our aim to develop the practice of the Sakya tradition of Tibetan Buddhism through providing opportunities for meditation, study, translation, publication, teaching and in any other way that makes Sakyapa Buddhist teachings and practice available.

For details of our regular program please visit our website.

### **Our Resident Lama**

Lama Konchok Choephel has been resident Lama at Sakya Choekhor Lhunpo since his arrival in Australia in April 2008.

Lama first became a monk at the age of 14 in Tibet. He entered the Lhakang Chenmo temple in Sakya and stayed there for the next 6 years learning the traditional rites and rituals of Tibetan Buddhism.

In 1992 he arrived in India and some time later was able to enroll at Sakya college in Dehra Dun and obtain his Bachelor's Degree in Buddhist Philosophy.

In the year 2002, he entered the Sakya Dolma Phodrang as an attendant and secretary to His Holiness Sakya Trizin.

## **Sakya Choekhor Lhunpo**

**The Melbourne Sakya Centre**

P.O. Box 183 South Yarra. 3141

[www.melbournesakya.org.au](http://www.melbournesakya.org.au)

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Sakya Choekhor Lhunpo  
The Melbourne Sakya Centre

Presents  
**Khenpo Ngawang Dhamchoe**  
teaching on

## **A Letter to a Friend** by Nagarjuna



**Saturday 24th & Sunday 25th September 2011**



## Khenpo Ngawang Dhamchoe

The founder and spiritual director of Drogmi Buddhist Institute, Khenpo Ngawang Dhamchoe has been a monk for more than 40 years and is highly respected in Australia and internationally for his profound knowledge and for the clarity of his teachings.

The title Khenpo is the equivalent of professor and given only to the most accomplished teachers.

Khenpo has taught all over Australia and internationally in the last 15 years, and maintains a busy schedule. He regularly gives talks and conducts meditation programmes in central and western Sydney, the Blue Mountains, the New South Wales south coast, Queensland and many other locations.

Since 1997, Khenpo has been visiting, providing teachings and supporting our centre in Melbourne. The members of Sakya Choekhor Lhunpo are very pleased to have the opportunity to receive further teachings from Khenpo and would like to welcome our friends and anyone interested to join us.

## “A Letter to a Friend” by Nagarjuna

“A Letter to a Friend” is widely studied by all Buddhists. It is a revered text written by the great Indian master of Nalanda University, Acharya Nagarjuna.

In this letter to his friend King Gautamiputra, Nagarjuna gives a concise presentation of the Buddha’s Teachings for practitioners to use in their daily life.

This letter contains one hundred and twenty-three verses. Despite its short length, it is a monument in the Indian Buddhist tradition. It covers the whole Mahayana path with unusual clarity and memorable imagery, and it is for this reason that it is widely quoted by Tibet’s great masters and scholars in the many commentaries they have written on the Buddhist path.

It guides both householders and the ordained onto the path leading to enlightenment. The instructions are of special interest to those who wish to take up spiritual activity while continuing to live and work in society.

They are meant to convey the whole meaning of the Dharma to the ordinary person in a language and style that are easy to understand.

## Details

**Venue** South Yarra Community Centre  
in Fawkner Park

62 Toorak Road, South Yarra,  
opposite Millswyn Street

### Saturday 24th September 2011

**Times** 10.00am – 12 noon, 2.00pm – 3.30pm

### Sunday 25th September 2011

**Times** 10.00am – 12 noon, 2.00pm – 3.00pm.

**Cost** \$50/day Concession \$30/day

**Enquiries** [enquiries@melbournesakya.org.au](mailto:enquiries@melbournesakya.org.au)

