



His Holiness Sakya Trizin

It is a great gift to have His Holiness Sakya Trizin's presence in Melbourne for 5 days. The teachings, empowerments and blessings His Holiness will bestow are a display of his compassionate activity for the benefit of all.

His Holiness the 41st Sakya Trizin is one of the most revered spiritual masters of Tibetan Buddhism. He is the supreme head of the Sakya Tradition and is second only to His Holiness the Dalai Lama. Born in Tibet, he is the patriarch of the unbroken Khon lineage which dates back to 1073. His forefathers were disciples of Padmasambhava who introduced esoteric Buddhism to Tibet.

The Seat of the Sakya lineage is in Dehra Dun, India where His Holiness has established the Sakya Centre, College, Nunnery, Institute and Academy. There are twenty five Sakya centres in Australia including two in Melbourne – Sakya Choekhor Lhunpo and Jamchen Buddhist Centre.

Sakya Choekhor Lhunpo was created by His Holiness during his visit in 1997 to represent the Sakya lineage. His Holiness appointed Lama Konchok Choephel to be its resident teacher. Jamchen Buddhist Centre was founded in 1999 by a group of students of Lama Choedak Rinpoche, who is the spiritual director of the Centre. His Eminence Zimwock Tulku Rinpoche has recently taken up the position of Jamchen's resident teacher.

Benefactor Opportunities

Your generosity will help to continue to turn the wheel of the Dharma.

Benefactor packages are available for donations of \$1000. Recipients will receive two tickets to all events, a blessed gift from His Holiness and a benefactors group audience. You will also be given especially reserved seating.

Venue for all events

Hawthorn Town Hall
360 Burwood Road
Hawthorn VIC 3123
Melway Map 45, D10

Bookings, information and contact details

www.melbournesakya.org.au
www.jamchen.com.au
0414 994 520

Ticket Booking Form Postal Address

His Holiness Sakya Trizin Melbourne 2009
Jamchen Buddhist Centre
PO Box 356
Balwyn VIC 3103

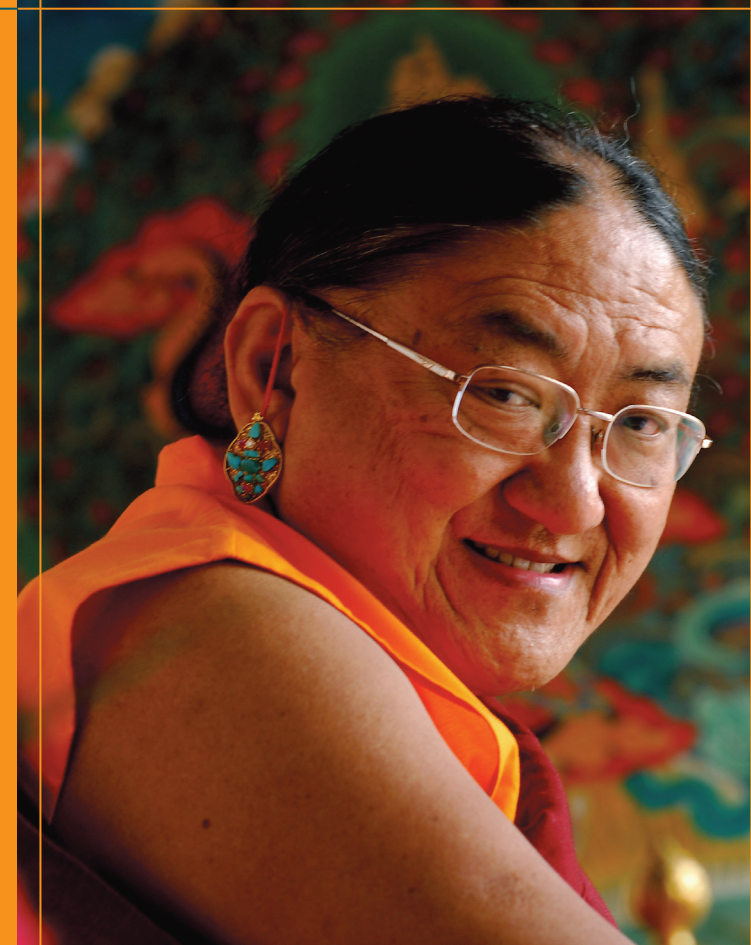
*The Melbourne Visit of
His Holiness Sakya Trizin is jointly hosted
by Sakya Choekhor Lhunpo and
Jamchen Buddhist Centre.*



**Sakya
Choekhor Lhunpo**



**Jamchen
Buddhist Centre**



*A Gift
of Dharma*

The Melbourne Visit of
His Holiness Sakya Trizin
24-28 June 2009

Vajrasattva Empowerment Ceremony

Vajrasattva meditation and the recitation of its one hundred syllable mantra is considered the most powerful meditation for removal of emotional negativities and karmic obscurations. From a Buddhist viewpoint, all difficulties one faces in life are due to one's own negative karma and obscurations. With the Vajrasattva empowerment one will receive the permission, blessing and knowledge of how to do the practices and experience purification. It is extremely rare to receive the empowerment from a living master such as His Holiness Sakya Trizin.

At the end of this empowerment there will be an opportunity to formally become a Buddhist by partaking in a separate and optional Refuge ceremony.

Chenrezig Jangchok – Purification Puja and Liberation of the Dead

Chenrezig Jangchok is a sacred and comprehensive ritual performed for the sake of the ill, the dying and especially for the dead. Jangchok puja purifies the negative karma of the dead and releases their consciousness. In Tibetan Buddhism doing Jangchok ritual by a realised master is the most important way to assist the spirits of the dead.

Anyone who wishes to dedicate the ritual for their sick or deceased relatives and friends can participate by submitting the names of the sick/deceased with their dates of birth and death. The names will be filled in a ritual diagram and then

cremated towards the end of the ceremony – their spirits will be released without facing fear of Bardo.

Public Talk – Compassion in Difficult Times

Compassion is a virtue that is best practised when one faces tough times. Compassion is a virtue that has to be practised with understanding and kindness towards others' sufferings. Even self-compassion is encouraged instead of self-hatred.

The Gift of Dharma

Over the weekend His Holiness will bestow his main teachings for this visit, "The Gift of Dharma". Based on the text "Gift of Dharma to the King" which was written by Sakya master Drogon Choegyal Phakpa in the thirteenth century, it covers the complete path of the sacred Dharma. It is one of the best gifts one can receive from a great master like His Holiness, who teaches in fluent English.

Amitayus Empowerment Ceremony

The Buddha described the life of Amitayus and his people as endless and boundless. Associated with the colour red, the western region of the universe, the fire element and the lotus, Amitayus is the Buddha of pure intentions and infinite life. Initiation into this practice offers powerful special blessings to transform our lives with wisdom, pacify our delusions and extend our lifespan and the longevity of others for the benefit of all living beings.

Afternoon 1-3pm

Public Talk by Lama Choedak Rinpoche:

"Satisfaction through Less Wanting – A Buddhist Response to Global Economic Crisis"

Over the years prominent world business leaders have had seminars with HH the Dalai Lama to learn how Buddhist teachings can help people to use wealth carefully through generosity and benevolent activities through the success of business. In this unique talk, Lama Choedak Rinpoche will discuss a refreshing and pragmatic Buddhist response for dealing with the global economic crisis or less money.

Sunday 28 June

Morning 9.30am-11.30am

Teachings (continued): *"The Gift of Dharma for Life"*

Afternoon 3-5pm

Public Initiation: *Amitayus Empowerment for Long Life and Good Health*

TEACHING SCHEDULE

Wednesday 24 June 7.30-9.30pm

Public Initiations: *Vajrasattva Empowerment for cleansing negativities and Refuge Vow Ceremony.*

Thursday 25 June 7.30-9.30pm

Chenrezig Jangchok: Purification Ceremony for the Sick, Dying and Deceased

This event includes an opportunity to forward two names of ill or deceased for the ceremony. Additional names may be included with a contribution of \$20 each. See details on websites.

Friday 26 June 7.30-9.30pm

Public Talk: *"The Virtues of Compassion in Difficult Times."*

Saturday 27 June

Morning 9.30am-11.30am

Teachings: *"The Gift of Dharma for Life."*

TICKET BOOKING FORM (CHEQUES OR POSTAL ORDERS)

Postal address on back of this brochure. For credit card bookings visit www.melbournesakya.org.au or www.jamchen.com

Name

Address

..... Postcode

Email

Phone

I would like to attend the full week of events:

Please send me tickets

Full ticket rate \$210 \$

Concession° \$180 \$

Early bird* full ticket \$200 \$

Early bird* concession° \$170 \$

Ordained Sangha by donation for all events.

I would like to attend the following sessions:

Wednesday 24 June *Vajrasattva and Refuge*

Full ticket rate \$40 \$

Concession° \$35 \$

Early bird* \$35 \$

Thursday 25 June *Jangchok for Sick, Dying and Deceased*

Full ticket rate \$40 \$

Concession° \$35 \$

Early bird* \$35 \$

Friday 26 June *"The Virtues of Compassion in Difficult Times"*

Full ticket rate \$30 \$

Concession° \$25 \$

Saturday 27 June 9.30-11.30am *"Gift of Dharma"*

Full ticket rate \$40 \$

Concession° \$35 \$

Early bird* \$35 \$

Saturday 27 June 1-3pm *"Satisfaction through Less Wanting"*

Full ticket rate \$30 \$

Concession° \$25 \$

Sunday 28 June 9.30-11.30 *"Gift of Dharma"*

Full ticket rate \$40 \$

Concession° \$35 \$

Early bird* \$35 \$

Sunday 28 June 3-5pm *Amitayus Empowerment*

Full ticket rate \$40 \$

Concession° \$35 \$

Early bird* \$35 \$

Recordings of weekend events on MP3:

Includes both public talks and full weekend teachings.

Cost: \$45 (includes postage) \$

Donation for Jangchok ceremony

(name/s included in separate Jangchok form) \$

TOTAL \$

° Concession card holders, eg. Full-time student, pensioner, health card.

* Early bird bookings prior to Friday 5 June 2009.